



## **TECHNOLOGY – LOVE IT OR HATE IT?**

### **TRIVIA QUESTION**

Who said: "...if used creatively and correctly, new computer technologies can help people meet the human longing to connect with others and share the search for goodness, beauty and truth."

### **INTERNET BASICS**

- Be internet savvy yourself.
- Be an internet partner with your child.
- Keep computers in a common area.
- Don't play with strangers
- Limit the time



### **IT'S SO EASY, IT'S DANGEROUS:**

**E**asy Access to risky information

**A**nonymity allows people to lie

**S**urprise!

**Y**ou can't take it back

### **QUESTIONS FOR REFLECTION**

1. How much is too much recreational time on the computer?
2. At what age should a child be allowed to get a cell phone?
3. How can you monitor screen time when you're not home?
4. What are reasonable consequences if your child breaks one of your internet rules?
5. Are there any ways that you as a parent use technology that warrant changing?

### **SIGNS THAT YOUR CHILD MIGHT BE AT RISK ON-LINE**

1. Your child spends large amounts of time on-line, especially at night.
2. Is time online trumping face-to-face relationships?
3. Time online keeps your child from participating in more active recreation?
4. Your child quickly changes the screen on the monitor when you come into the room.
5. Your child becomes withdrawn from the family.
6. Your child frequently is online longer than originally planned.

### **CODES PARENTS SHOULD KNOW:**

ASL(R P) → Age, Sex, Location (Race/Picture)	BF / GF → Boyfriend / Girlfriend
CD9 → Code 9 Parent is around	GNOC → Get Naked On Cam
GTG → Got To Go	HAK → Hugs and Kisses
ILY or ILU → I Love You	KPC → Keeping Parents Clueless
LMIRL → Let's Meet in Real Life	MOS → Mom Over Shoulder
NIFOC → Naked In Front of Computer	P911 → Parent Emergency
PAW → Parents are Watching	PIR → Parent In Room
POS → Parent Over Shoulder	PRON → Porn
PRW → Parents Are Watching	SX → Sex
TDTM → Talk Dirty To Me	WYCM → Will You Call Me
WYRN → What's Your Real Name	

### **HELPFUL WEBSITES**

[www.netsmartz.org](http://www.netsmartz.org) – Comprehensive internet source for parents with children of all ages.  
[www.mindcompass.com](http://www.mindcompass.com) – Articles on internet guidelines and parenting by Dr. Paul Simpson  
[www.komando.com](http://www.komando.com) – Kim Komando website. Many helpful articles under “Parent Advice” tab.  
[www.trypsych.com](http://www.trypsych.com) – Triangle Psychological Services (Integrating Psychology and Faith)  
[www.internetfilterreview.com](http://www.internetfilterreview.com) – Reviews the top 10 internet filters for families

### **BOOKS TO SUPPORT PARENTS and TEACHERS**

Family Life Program for K-8 by RCL-Benziger, [www.rcbfamilylife.com](http://www.rcbfamilylife.com)

Parenting Your Adult Child: Keeping the Faith (And Your Sanity) by Susan Vogt, St. Anthony Messenger Press, ©2011.

Raising Kids Who Will Make a Difference – Helping Your Family Live with Integrity, Value Simplicity, and Care for Others by Susan Vogt, Loyola Press, ©2002

Just Family Nights – 60 Activities to Keep Your Family Together in a World Falling Apart by Susan Vogt, Brethren Press, ©1994

Money in the Kingdom of God by Susan Vogt, The Word Among Us Press, © 2011.

Families Creating Circles of Peace by Jim McGinnis, Ken & Gretchen Lovingood, and Jim Vogt

### **MARRIAGE MOMENTS & PARENTING POINTERS**

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### **CONCLUDING THOUGHT**

When I said “Follow me” I didn’t mean on Twitter. – Jesus.

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