# ECO-FRIENDLY HOUSEHOLD PRODUCTS

collected by Susan Vogt, rev. 2021-6

**CINCINNATI AREA:** (all recently opened - 2020)

FILL MORE WASTE LESS https://fillmorewasteless.com/shop

4305 Whetsel Ave., Cincinnati, OH 45227 (in Madisonville) (513) 390-2873

Eco-packaged products & bulk liquids/powders that you can refill in reusable containers.

#### SIMPLY ZERO https://www.simplyzero.co/

1235 Vine St., Cincinnati, OH 45202 (OTR) (513) 604-0183

Zero waste lifestyle shop sells products and refillables. Offers awareness and education. KOKO https://kokotheshop.com 318 West Fourth St, Cincinnati, OH 45202 (513) 287-7867

### **ONLINE:**

• <u>Blueland</u>: cleaning products

- **Company Location** NYC
- CleanCult: dishwasher tabs, hand soap and cleaners NYC
- Dropps: dishwasher & laundry tablets
- **<u>ETEE</u>**: cleaning and personal products
- Earth Breeze: dishwash tablets, laundry paper strips Oregon
- TruEarth: laundry paper strips

Chicago

Toronto, Canada

British Columbia, Canada

# **CLEANING**

# BLUELAND: https://www.blueland.com Uses your own water

- Dish soap 16 oz Add \$10 for reusable silicone shaker. \$10
- Dishwasher \$14 Add \$4 for reusable steel tin. 40 loads
- Laundry tabs \$14 40 loads Add \$4 for reusable steel tin.
- Hand soap \$6 Add \$10 for reusable foaming glass bottle (1 hr) 27 oz
  - Cleaning tabs \$6 24 oz Add \$29 for 3 reusable Tritan cleaning bottles.

### CLEANCULT: https://www.cleancult.com/products/shop/all

- 32 loads comes in dissolvable tablets. • Dishwasher \$15
- Hand soap \$7 16 oz.
- Cleaner \$7 16 oz. all purpose
- \$10 • Dish soap 22 fl. oz.

\$6

#### **ETEE:** https://www.shopetee.com/collections/all-collections (Everything Touches Everything Else) • Scrubbie

- pack of 3 for \$15
- Shampoo bar \$8
- Food wraps various (made of beeswax)
- Dish soap \$15 36 fl. oz.
- Dish Sponge \$5 7"x7½ (also available on Amazon)
- Laundry stain bar \$5

# DROPPS: https://www.dropps.com

• Dishwasher	\$19	64 loads	comes in dissolvable tablets
<ul> <li>Laundry tabs</li> </ul>	\$18	56 loads	comes in dissolvable tablets

#### EARTH BREEZE: https://www.earthbreeze.com/

<ul> <li>*Dishwasher</li> </ul>	\$19	60 loads	comes in dissolvable tablets.
<ul> <li>*Laundry strips</li> </ul>	\$20	60 loads	discounted to \$12 with auto-renew, need to cut in half

# TRU EARTH: https://www.tru.earth/

• Laundry strips \$20 32 loads discounted to \$13 with auto-renew, already perforated

# KITCHEN CONTAINERS

- \*4 collapsible silicone food storage containers by *Super Dee* multi-sized \$17 <u>Amazon</u>
- \*6 stretch silicone lids for round bowls b

by *i-Kawachi* multi-sized \$ 8 - <u>Amazon</u> by *Stasher* depending on size \$10 - \$20

• Silicone reusable food bags dishwasher, micro, heat, freezer safe

# **MISCELANEOUS**

(See also <u>25 Cheap SUP substitutes</u>)

HELLO TUSHY: <u>https://hellotushy.com/</u> Turns toilet into a bidet. Reduces need for toilet paper.

• Bidet toilet attachment \$90

# ECO-FRIENDLY HOME PRACTICES

#### **TO REDUCE #5 & CLAMSHELL CONTAINERS**

- Make your own example: yogurt
- Grow your own example: alfalfa sprouts
- Grow fruits & vegetables (berries, tomatoes, peppers, kale...)

#### **TO REDUCE PLASTIC BAGS:**

- Carry your reusable bags (but of course you probably already do this) or just skip the bag
- Keep vegetable bags for reuse at grocery

### **TO REDUCE PAPER:**

- Use cloth napkins (instead of paper) Color code for each person so they can be reused
- Print on both sides of paper (or use blank side for notes)
- Use compostable \*<u>sponge cloths</u> or rags (instead of paper towels) for cleaning stuff

# CAR:

- Drive an eco-car (hybrid, electric...) OR take public transportation when possible
- Keep reusable water bottle/coffee mug in car
- Keep reusable shopping bags in car

# MISC. STUFF YOU MAY ALREADY DO:

- Laundry: Launder with cold water. Use dryer balls, consider cloth diapers for infants
- Electricity: Use LED bulbs. If possible, go Solar or Geothermal
- Heating/Cooling: Insulate walls, windows, wear layers, minimize AC, whole house fan...
- Food: Eat less meat, Grow vegetables, Shop farmer's markets, Compost. Restaurants: To avoid Styrofoam bring your own "doggie bag/box" Carry outs: <u>Skip the Stuff</u> (opt out of plastic cutlery/napkins) Community meals: Instead of plastic utensils, carry a metal collapsible cutlery set or Spork
- Transportation: drive less; walk/bike more (doubles as exercise so you don't need a gym)
- Organize: Color code glasses, possessions... to reduce washing, duplication, sanitation
- Share: tools with neighbors
- If all else fails-Recycle: curbside or the <u>HUB https://www.cincinnatirecyclingandreusehub.org/</u>
- Get political: to make systemic change

\*Susan's favorites